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Around Town Oklahoma City Employer Council Meeting

March 18, 2008, 8:30 a.m.
"Ethical Exits: How to (Not) Burn
Bridges." Jim Priest, attorney with
Whitten, Burrage, Priest, Fulmer,
Anderson & Eisel in Oklahoma
City will present.
Phone: 405.470.3213
Location: [The McMurray Center,
10720 N. May Ave.](#)

Oklahoma City Blazers vs. Mississippi Riverkings

March 20, 2008
Phone: 405.602.8700
Location: [The Ford Center](#)

The Beat Goes On: Music of the Baby Boomers

March 21 & 22, 2008
The hits will keep on coming in this
night of great music from the

Dear Susan

Is the luck of the Irish with you?



It has certainly been busy at **TRC Staffing Services/Susan Frew & Company!**

With your support we have had a tremendous first quarter 2008, and we are so pleased to be able to continue working with you.

We're also working to make this newsletter even more informative for you. Be sure to take a look at the *Generation Y* article below. If you're having difficulties relating to or understanding your 20-something staffers, this piece might give you some ideas.

If you're looking for the ideal temporary or top notch full time employee, we can help! Give us a call to find out how. Chances are, we have several wonderful candidates to match your job and your company.

Until next time,
Susan, Alison, Emily & Libby

Generation Y: Spoiled or Just Misunderstood?

Generation Y: who are they? Most commonly defined as those born between 1977 and 1991, these 80 million "echo-boomers" are the children of baby boomers who worked hard to provide them with comfortable lifestyles.

At three times the size of Generation X, this segment rivals that of its parents in both the workforce and in spending power. Some label them as spoiled and say they lack the work ethic necessary to put in the elbow grease and time historically deemed essential to climbing the corporate ladder.



Indeed, the most comprehensive study polling over 2,500 HR professionals across all industries in 2007 seems to support this mindset. Consider the following desires, shared by two-thirds of the hiring managers and HR professionals ages 25-29 interviewed, themselves Gen Y-ers:

- ~ 74% of employers say Gen Y workers expect to be paid more
- ~ 61% say Gen Y workers expect to have flexible schedules
- ~ 56% say Gen Y workers expect to be promoted within a year
- ~ 50% say Gen Y workers expect to have more vacation or personal time
- ~ 37% say Gen Y workers expect to have state-of-the-art technology

What drives this mentality? [Click here to read the entire article.](#)

Content provided by "Staffing Industry Review," March 2008.

Recipe: Honey Mustard Glazed Salmon Fillets



Ingredients:
2 tablespoons fresh lemon juice
2 tablespoons Dijon mustard
2 tablespoons honey
1 teaspoon finely grated lemon zest
4 (5-ounce) salmon fillets
Salt and ground black pepper
Cooking spray

1950s, 60s and 70s. Conductor Jack Everly has created an evening of a thousand favorites from "My Guy" and "My Boyfriend's Back" through "The Age of Aquarius."
Phone: 405.297.2264
Location: [Civic Center Music Hall](#)

Oklahoma Quarter Horse Spring Show

March 26 - 30, 2008
Free to the public. Open 8 a.m. to 10 p.m. every day of the show.
Phone: 405.948.6704
Location: [State Fair Park](#)

Humor, Fantasy & Enchantment: Caterbury Choral Society

March 29, 2008
One of Disney's featured singers will join Canterbury and members of the Oklahoma City Philharmonic in performing highlights from the rich and varied repertoire of the Wonderful World of Disney. This magical music experience will also capture memorable film moments through big screen video images. Rick KcKee, winner of a national Disney competition, will also be a featured soloist and arranger.
Phone: 405.297.2264
Location: [Civic Center Music Hall](#)

For more local events, please visit www.okccvb.org.

Contact: Susan Frew
Phone: 405.842.6300
Email: susan.frew@trcstaffing.com

Web: www.trcstaffing.com

Directions:

In an oiled shallow baking dish, combine lemon juice, Dijon, honey, and lemon zest. Stir together. Season both sides of salmon fillets with salt and pepper and place in the baking dish. Flip salmon to coat in glaze. Bake immediately or cover with plastic wrap and refrigerate for up to 3 hours. When ready to cook, preheat oven to 400 degrees F. Bake 10 minutes or until fish is fork-tender.

Recipe courtesy of www.foodnetwork.com

About Us

TRC Staffing Services, Inc. / Susan Frew & Company is a full service staffing company dedicated to meeting all of your personnel needs. Since 1985, we have successfully matched thousands of employees with an array of companies in the Oklahoma City area.

Our staffing solutions include:

- **Temporary staffing.** TRC provides your company with the right employees to alleviate staffing shortages created by growth, vacations, leaves, seasonal expansions, etc.
- **Temp to hire.** TRC employees are assigned to a client who has the option of offering the proven employee a position with their organization.
- **Direct hire services.** Susan Frew & Company offers direct hire placement services, and our experienced staff takes the time to understand your needs and expectations.

Give us a call at 405.842.6300 or [e-mail us](#) to find out how we can help you with all of your staffing needs.

Be sure to check out our new e-brochure! [click here](#).



Our Bottom Line is People

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